Presented By:

Professor Yaqub Emmanuel Faraz
TRANSFORMING HUMILIATION AND VIOLENT CONFLICT
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Definition According to Dictionary:

Transforming: Change or alter in form appearance or nature
Humiliation: State of disgrace or loss of self respect
Violent: Aggressiveness, emotional intensity
Conflict: Clash between two opposing groups (or individuals)
Introduction to Topic

To all the listeners, viewers and readers, the important point of my discussion is that I will define my theme and then I will present a justified solution to support my subject matter. The objective is to initially identify the predicament for us to resolve it.

The Webster defines it as changing or shifting the state of disgrace and aggressive differences. Our existence as human beings, we share an opportunity to interact with others and the mode of interaction leads to either aggression or restoration.

During our interaction, our thoughts, approach, perception, and judgments play the vital role. The recipient’s intellect, tolerance, stance, temperament and cultural values need to be considered.

Today, as you all know that we are living in the most challenging times, and the tolerance level is zero. No one reads between the lines and they interpret according to their ability, their understanding and according to their impulse. The awareness of others sentiments is the key factor of either leading our interaction into the complications of aggressive behavior or to restoration and compromise.
Vision of Article:

- In all the phases of life, a man has to anticipate, accept and forecast the responsibility of his objectives and deeds. And in order to survive in a just and peaceful environment, the balance must be established, to interact with understanding and prudence, because the present ignorance could lead to future complexities for future generation. Conservative ideas and revolutionary analysis cause intimidation and delay or insensitive outcome.
Theme of the Topic:

- In the application of the subject matter, it is significant to recognize when a person is feeling humiliation and it could be determined by his actions.

- The power of interaction can influence or alarm, convince or refuse, which could impact the situation. The choice of words can cause humiliation or perhaps pessimistic reaction and thus lead to violence.

- Once the situation becomes tense, the opportunity to reverse the situation is remote and thus leads to further complexities. The consequences cannot be predicted and possibly transformation of humiliation and violent conflict could lead to abhorrence and retribution.

- The element of grace and tolerance plays a vital role only if discretion is enforced at the initial role of interaction. The reaction of humiliation is confirmed and the fear to intensify or could extend and manipulate additional people.
Explanation Of The Diagram
Mind Formation Process

According To This Diagram, Formation of Mind is through Perception and with the help of our senses the mind functions like a computer processor which reasons and then acquires an impression about that object and then forms a Solid Mind State Development. In other words it means conformation of a notion. The Human behavior works under this principal.

Perception by Senses
[See, Taste, Smell, Feel, Hear]

Reasoning

Liked by Others

Concept Development

Liked by Person

Disliked by Others

Disliked by Others

Solid Mind State Development [formation] SMSD

Specific Behavior appears according to SMSD
SOLUTIONS:

- Awareness is the only solution to this alarming condition. Precise awareness by appropriate people and groups of people is essential.

For generating awareness, we can use the following methodologies:

- 1) Print Media
- 2) Electronic Media
- 3) Internet
- 4) Movies (Films)
- 5) Documentaries
- 6) Lectures
- 7) Friendly Meetings
- 8) Ideas sharing activities and other sources.

In fact, Almighty God has created us for peace, unity, love and tolerance and not for abhorrence, opposition or conflict. The solution is within us and the focus should be that the techniques of interactions be revised, primary to change our own interaction techniques for enhanced results.
- Thank you for your time!