Shunned by Difference: The Intersection of Humiliation and Discrimination

By Tonya Hammer and Selma Yznaga

Abstract presented at the 2010 Workshop on Humiliation and Violent Conflict, Columbia University, New York, December 9-10, 2010

This presentation will examine the microagressions found in various forms. From political mailouts targeting “illegal immigrants” to posters in beauty shops depicting only one ethnicity, microaggressions occur on a daily basis telling people you don't belong. Discrimination in the subtle, yet destructive, form of microaggressions can be found in all “isms.” The humiliation associated with feeling as if you don't belong impacts everyone. Furthermore, the presenters will address strategies to deal with the wreckage when discrimination and humiliation collide.