The Dust Never Settles

Finding the healing Space to walk freely with your trauma
Move on

... Let it go... You are better off... try to forget it. It will pass.

...
Create a healthy space for healing
Create enough space to heal. The dust never settles, just eventually disperses enough allowing you freedom to ‘be the arrow’ in the healing process.
Be the Arrow ....

Revenge
Retaliation
Resent
Resist
Refuse
Repel
Repress

Respect
Restitution
Renew
Reconciliation
Resolution
Redefine
Regroup