

**Chat of Day Two of the 2021 Workshop on Transforming Humiliation and Violent Conflict, Virtual
at Columbia University, New York City, December 9 – 11, 2021**

16:53:41 From Harvey Newman to Evelin - DigniGardener, Europe(Direct Message) : Good morning Evelin. It is so good to know I am in your loving presence.

16:54:05 From Evelin - DigniGardener, Europe to Harvey Newman(Direct Message) : It is ME who is thankful to be in YOUR presence, dearest Harvey!

16:57:27 From Harvey Newman West Palm Beach, FL to Evelin - DigniGardener, Europe(Direct Message) : Thank you.

17:26:39 From Martha Eddy : Love having Chipa in our presence in all forms - digital, nature based, in person and with all of the planet. What a warm and wonderful energy!

17:28:26 From Martha Eddy : Yes to Phil and thank you all for representing children! And may we say that the art of dance is part of the healing process. Phil knows this well too!

17:31:52 From Martha Eddy : And of course that includes music starting with the drum. And any art form where creativity blossoms into dignity. Michael is also a scholar on Bob Dylan!

17:35:35 From Harvey Newman West Palm Beach, FL : One size does not fit all.

17:40:51 From Harvey Newman West Palm Beach, FL : How much does Stari decisis get in the way of TJ?

17:42:31 From Martha Eddy : How does Ther Jurisprudence interface with Restorative and Transformative Justice.

17:43:07 From Mara-DigniGardener-Vienna today : Great question, Martha!

17:44:19 From Michael Perlin : Martha! LAST nite, I finished a chapter for an upcoming book by Oxford Press on TJ, procedural justice and restorative justice. Email me for more deails!

17:44:21 From Thomas Daffern : question - how could TJ have influenced the ongoing Julian Assange extradition case ? did his defence lawyers know about it?1

17:44:39 From Martha Eddy : Your dancing is marvelous David as is your leadership in this work in law and workplace and beyond!

17:44:56 From Lucien Lombardo : Does the necessary ambiguity of 'the law' create trauma in those who are confronted by it?

17:45:27 From Michael Perlin : Harvey, Great question. My sense is that stare decisis is a stumbling block but not at all an insurmountable one. Again, e mail me and I will say more. Thx!

17:46:06 From Michael Perlin : I use the word "mental disability". "Mental heakth: when I use it is a direct quote from a case. When I ran the division of mental heath advocacy in 1974-82, that was the term the legislatue used to create the office

17:47:33 From Michael Perlin : I have no idea if his defense lawyers knew abt the case. I used to do extradition cases when I was a criminal efense lawyer and it is the most dot-the-I-cross-the-t area of criminal law. The least leeway, so maybe not

17:47:56 From Lucien Lombardo : Here is an interesting site and webinar that deals with 'Leadership in an age of Personalization" - <https://2021summit.ageofpersonalization.com> I have mentioned HDHS to the founder, Glenn Llopis!

17:48:04 From Emmanuel Ndahimana : Michael, in some countries of the World, the culture of Laws is quite new. Some of the legal codes have been imported and people don't understand them. Laws have been imported and have not been developed with Ethics, moral values, compassion. Laws are interpreted mechanically and lack human dignity dimension. Judges and Lawyers are careless about the human dignity. .

17:48:22 From Sultan Somjee : Hello Linda:

17:49:27 From Michael Perlin : Emmanuel, I have done international human rights law in many nations with developing economies (only in Uganda in Africa, so far) and this is such an important issue. Please email me and we can discuss further..

17:49:33 From Howard Richards : servant leadership and stewardship !

17:50:45 From Michael Perlin : Lucien, Great observation, tho I don't see ambiguity as traumatic per se, tho it can certainly be manipulated I that way. Lots to discuss.. again, send me an email and happy to write more

17:51:39 From Sultan Somjee : Can we have emails of the HD participants if they agree? Some of us may want to contact individuals and carry on the discussion.

17:51:41 From Joanie Calem (she/her) : As the mother of a young adult with high functioning autism, the bullying in the work place and the misunderstandings on the part of employers is vast and ugly. Looking forward to learning more about your work David.

17:51:46 From Peter Barus : Where is David's paper just mentioned?

17:51:47 From Emmanuel Ndahimana : Michael, its not only in criminal law, but also in corporate Laws. The result is catastrophic because it affects the quality of the business development, high level of mistrust

17:52:37 From Michael Perlin : Emmanuel, In all areas of the law: business law, trusts and estates law, family law, corporate law and more. Agree 100%!

17:52:48 From Jillian Post : School to Prison Pipeline is a terrible reality

17:53:44 From David Yamada-DigniPlanner-Boston : Link to the International Society for Therapeutic Jurisprudence. ANYONE may join for \$25, students for free! <https://intljtj.com>

17:53:54 From Peter Barus : I wrote something on the legal system, at: https://www.opednews.com/articles/Murder-Dynasty-by-Peter-Barus-Drugs_Murder-By-Corporation-211204-314.html

17:53:56 From Janet Gerson DigniGardener NYC : Reclaimative Post-Conflict Justice: Democratizing Justice in the World Tribunal on Iraq (2021) Janet C. Gerson & Dale T. Snauwaert. Preface by Betty A. Reardon
AVAILABLE at <https://www.cambridgescholars.com/product/978-1-5275-6932-4> Discount Code: JUSTICE40

17:54:10 From Martha Eddy : Thank you for answering my question. I've been enjoying learning about subtle differences between restorative and transformative justice as well.

Recognizing bullying in laws, in workplace and in life is a baseline in what I call the continuum of “stress to trauma.” Great to see these topics addressed - even in the world politic.

17:54:29 From Howard Richards : I am a lawyer too with experience representing farm labour, black muslims and transgender among others. I hope people will read what i have to say about law in my new book Economic Theory and Community Development

17:54:52 From David Yamada-DigniPlanner-Boston : My article, “Therapeutic Jurisprudence: Foundations, Expansion, and Assessment,” University of Miami Law Review (2021): <https://repository.law.miami.edu/umlr/vol75/iss3/3/>

17:55:29 From Joanie Calem (she/her) : @MarthaEddy - exactly, stress becomes toxic and becomes trauma, and people struggle to cope.

17:58:15 From David Yamada-DigniPlanner-Boston : At my law school, I’ve been teaching a course called the Law and Psychology Lab that emphasizes trauma-informed practice and legal change. Among the required texts are Bessel van der Kolk’s The Body Keeps the Score, which I consider to be the best treatment of psychological trauma for non-specialists.

18:02:42 From Howard Richards : The Body Keeps the Score has just been added to my reading list Great title.

18:05:19 From Howard Richards : My thesis is that the outrages Janet describes cannot be justified but they can be explained, and explanation can lead to effective transformation strategies.

18:06:12 From Thomas Daffern : surely it therapeutic justice means anything it should have been invoked to prevent Assange's extradition? if someone is being persecuted and hounded with no consideration for their mental health or the actual justice of the case, isn't it a kind of anti-therapeutic persecution?

18:06:44 From Lucien Lombardo : See also, Alice Miller, THE BODY NEVER LIES! As with van der Kolk, we think of connections to Adverse Childhood Experiences work and brain development in response to trauma and neglect (See Bruce Perry and work of Child Trauma Academy!

18:07:12 From Martha Eddy : Thank you Janet for your brilliant and tireless work. You have given concrete examples of the difference of retribution - so much of what our world operates on and transformation and therapeutic humanistic citizen initiated action. And while I lift up the creativity in our community - everyone should know that Janet has been using her lessons of being a choreographer in some of her models of human interaction.

18:08:27 From Howard Richards : Right on ME! And not just early childhood but life before birth in the womb.

18:10:25 From Karin Dremel Heidelberg (D) Boulder (CO) : Might I also include the following read. eEspecially as it pertains to criminalising outcomes of trauma. Mate has rallied for more than a decade to invite understanding, compassion, and activism in addressing systemic trauma. <https://drgabormate.com/book/in-the-realm-of-hungry-ghosts/>

18:15:35 From Howard Richards : Where does police brutality against black people start ? With structural humiliation. At least this is one way to think about fundamental causes calling for fundamental change.

18:16:32 From Harvey Newman West Palm Beach, FL : It started with the emancipation of slaves.

18:17:45 From Harvey Newman West Palm Beach, FL : And they allowed themselves to be used because...?

18:18:09 From Lucien Lombardo : The work of Mate and Vincent Fellitti (ACES) reminds me of the work of Szasz and R.d.. Laing of 50 years ago and a focus on 'problems of living' which result from interactions that can be seen as violations of dignity!

18:18:28 From Martha Eddy : Lets talk neurodevelopment in cultural contexts post-weekend. anyone else working with trauma-informed work from a bodily perspective - this is my life work of 40 years - along w Talia Shafir. Much can be seen in systems of fetal, in-utero, birth, perinatal, educational practices in the treatment of BIPOC citizens of the USA. As someone born and raised in East Harlem in the 50s - 70s I resonate with Tony's perspectives. I'm studying the role of the Young Lords work (modeled after the Black Panthers) and "where have they gone" and are doing now in a work about my parents Spiritual Activism. CoInTel Pro showed up in my Dance Narrative of my life called "Border Stories: Crossing 96th street" in 1989. Thanks for digging deep Tony. We know what happened to our Black leadership because of their tactics. Thank you Thank you Thank you Tony for raising this all UPPPPPP! Research, speaking out, writing books, storytelling these truths and developing equally representation on tribunals for injustice!

18:20:13 From Howard Richards : They allowed themselves to be used because they needed money to live, and so did the whites and the other ethnic groups competing for scarce good Jobs.

18:22:23 From Janet Gerson DigniGardener NYC : Fascinating, martha

18:23:14 From Harvey Newman West Palm Beach, FL : Thank you Tony for bringing up this important topic.

18:24:28 From Jillian Post : I totally get it

18:24:36 From Harvey Newman West Palm Beach, FL : It not only block revolution it also interferes with our human evolution.

18:24:42 From Howard Richards : Whatever the complexities may be, in the usa or in India or anywhere, the solution to the problema requires dignified employment, win win, and that can only be achieved by what David mentioned, servant leadership and stewardship. And cannot be achieved by waiting for markets to generate employers who find it profitable to hire everyone who needs a good job.

18:24:42 From Martha Eddy : Tony is speaking TRUTH. The depth of horrible acts is so intense. Important to bring back the knowledge and wisdom much as the young First Nations people are resurrecting their almost lost experiences.

18:24:51 From Fatma DigniGardener, PA : Thank you so much, Tony! Certainly an eye opening conversation!

18:24:58 From Mara-DigniGardener-Vienna today : Thank you, Tony!

18:25:20 From Joanie Calem (she/her) : So much subterfuge to maintain white supremacy through the generations. Thank you Tony...

18:25:33 From Thomas Daffern : silly question.. were the original USA revolutionaries racists? most of the blacks wanted the British to win.. see ROUGH CROSSINGS by Simon Schama..

18:25:35 From Deepak Tripathi : Thank you, Tony, for your presentation, and bringing out the truth as you found it.

18:26:18 From Karin Dremel Heidelberg (D) Boulder (CO) : Thank you, Toni.

18:26:18 From Lucien Lombardo : Her is a link to a paper I wrote about Attica where which revolves to a reflection on dignity and its connection to race and imprisonment
<https://fs.wp.odu.edu/lombard/2020/01/02/attica-remembered/>

18:26:23 From Uli Spalthoff : In breakout group 7 we met from 4 continents: Elaine and Martha from North America, Ongmu from India, Helene from South Africa, plus Gisela, Claudia and Uli from Germany. It was fascinating to me (Uli) to learn how everyone contributes to foster human dignity: Elaine in the NYC Dignity Now group, Gisela and Claudia being nurses and attending monthly meetings of the Hamelin Dignity Group. Ongmu in her work as lawyer in Mumbai, Helene having researched trauma and humiliation in South Africa's history and planning a TV documentary about this. Time was running short, so Martha unfortunately did not get the time she deserves

18:27:02 From Jacques : A very fruitful discussion. Thanks Tony for bringing this kind of information.

18:28:40 From Lucien Lombardo : How much are experiences of dignity in workplace a reflected in the 'great resignation'?

18:29:04 From Evelin - DigniGardener, Europe to Tony Gaskew(Direct Message) : Thank you so much! Could you let us know when it comes out?

18:29:41 From Elaine - DigniGardener, NY : Thank you Phil and all the panelists for a powerful and eye opening Dignilogue! Bravo.

18:31:25 From Mara-DigniGardener-Vienna today : "there are no lines that divide us..." Hugs

18:32:06 From Tony Gaskew : FYI...the Black Diaspora did not want British or any colonial state to win. They demanded their liberation from all forms of white supremacy.

18:33:13 From Angelica : It was simply beautiful!

18:33:37 From Hayal Köksal : A wonderful song. Thanks...

18:33:44 From Howard Richards : I am not saying the economic solution is a cure all. Even when the economic problem is solved, the scars of centuries of racism willll remain and will require therapy and moral education for many generations.

18:37:54 From Ariel Lublin - upstate NY : @Martha - would LOVE to have post-weekend follow convos you suggested to us all above, on neurodevelopment in cultural contexts and trauma-informed work from a body perspective, and related to issues of power/social oppression/dominance/systemic harm and hurt/etc

18:39:14 From Martha Eddy : How does the "great resignation" relate to the trauma response of APPEASEMENT ("meek and nice" to quote Joanie's powerful song- making it all seem normal even though it is all really wrong. This comes up in the Gabor Mate Trauma series and is developed by the work of Nkem Ndefo.

18:39:22 From Joanie Calem (she/her) : @Martha and @Ariel - I would love to join you...I see so much trauma in my work and feel that is the explanation for so much of the demise of simple relationships.

18:43:01 From Martha Eddy : Every culture needs to find out what works at all for survival and sustenance as models for economic equalization whether through worker initiatives, governmental initiatives - and all must be scrutinized carefully for whether dignity is included. And education is another crucial elements.

18:45:48 From Harvey Newman West Palm Beach, FL : We need not use any energy to work against the current systems -
they are crumbling before our eyes.

18:46:34 From Ariel Lublin - upstate NY : I regret I just logged on and so missed the presentations and live discussion :-(. - but the great resignation makes me think of appeasement but also dorsal vagal life-threat collapse response - a last resort (I think?) neurological survival response when there is repeatedly no power /no other way to respond

18:52:46 From Howard Richards : Right on HN ! Bucky Fuller said it. Don t fight the system. Build a new one that makes the old one obsolete.

18:55:39 From Martha Eddy : Thanks for uplifting so many wonderful women and men, Evelin. It provides such hope. Small groups can make change.

18:55:39 From Evelin - DigniGardener, Europe : See
<http://www.worlddignityuniversity.org/joo/> and
<https://humiliationstudies.org/education/education.php>

18:56:46 From Martha Eddy : May we still engage with this? I would love to work with the University now if it continues. It is just what I need. I missed the email that you sent Uli - it is a great work you have done for us. It could be that those of us who offer workshops perhaps we can get together now and build up the university

18:57:02 From Lucien Lombardo : People even in oppressive systems are always exerting power from below! (Goffman)! There is so much more going on 'underground'! The dialectic is still working!

18:58:14 From Judit Revesz : The path to success is perhaps paved with many trials, experiments, learnings, reflections, course corrects etc. The journey to build WDU is not over yet.

18:58:43 From Martha Eddy : My programs in Dynamic Embodiment for Embodied Social Justice are also looking at GoogleClassrooms and Slack as other platforms. It would be great to speak to speak with you Uli to see if our missions come together.

19:04:08 From Harvey Newman West Palm Beach, FL : From a very short experience in banking in the 60's I have become enamored by the concept of central clearinghouse. Open source gives us an opportunity to create such central clearinghouses to eliminate the re-inventing of the wheel.

19:05:32 From Deepak Tripathi : Thank you Uli for your excellent presentation. And thank you for making possible the book "A Journey Through Turbulence" and so many other books published by Dignity Press.

19:08:08 From Hayal Köksal : I invite all my friends to collaborate more easily through ICT Seagulls Projects which have been going on for 18 years at four categories: K-12 student, university students, challenged persons and community groups. The 19th year in that project has started accepting new participants. Up to now, USA, UK, India, S. Africa, Nepal and Sri Lanka took part in it. Each year themes change and each year one of the themes is peace, human rights and violence. If you are interested in the project which is focusing on team work and analytical thinking skills, please visit the web page: www.bilisimcimartilar.com It has also an English version. My e mail is hayal@hayalkoksal.com I was the convenor of the Istanbul Conference and I will be very happy to contribute to the WDU. Thanks.

19:09:36 From Hayal Köksal : I would like to thank Evelin and Linda for always motivating me in my studies and books.

19:13:04 From Martha Eddy : Thank you Mara - what a lovely tone you set. I feel so invited into our mission and how to meet the future.

19:13:57 From David Yamada-DigniPlanner-Boston : My email: dyamada@suffolk.edu. Link to my short paper, "Advancing the Promise of the World Dignity University," with lots of links to sources on adult education, self-directed learning, etc.
<https://www.humiliationstudies.org/documents/YamadaWDUConcept2021.pdf>

19:14:06 From Mara-DigniGardener-Vienna today : Thanks, Martha! Your work is essential in this context.

19:15:23 From Martha Eddy : I just downloaded your academia article
https://www.academia.edu/10463264/ICT_Seagulls_and_Leading_Seagulls_Projects_Hayal. Thank you!

19:15:41 From Mara-DigniGardener-Vienna today : Strategy paper for WDU written by Evelin Lindner and Linda Hartling
http://www.worlddignityuniversity.org/joo/images/documents/world_dignity_university_strategic_plan_version_14_september_2010.pdf

19:16:49 From Hayal Köksal : Thank you Martha. I know seeing the achievement of youngsters about creativity, collaboration and critical thinking skills will fill in your heart with hope and joy.

19:17:24 From Hayal Köksal : I might send the press release of the last year.

19:18:19 From Martha Eddy : Yes David - bringing all of our work together available to all. This library seems perfect through the WDU. Teaching workshops and linking them thematically. Self directed learning. GREAT. I am happy to use my skills as "Doctor of Education" from our partner -Teachers College Columbia University - happy to help to develop curricula and pathways for it. I'll email David AND it would be wonderful if EVERYONE interested would do the same!!!

19:18:20 From Ella Autti : Thank you so much for the interesting and informative talks today! Unfortunately, I have to leave early today. I hope you have great rest of the day!

19:18:44 From Jillian Post : Outstanding!

19:18:54 From Angelica : where is the email?

19:19:03 From David Yamada-DigniPlanner-Boston : dyamada@suffolk.edu

19:19:13 From Martha Eddy : I feel that the World Dignity UNIVERSITY Is really going to come alive now!

19:35:54 From Lyndon Harris : <https://www.jean-paulsamputu.com/biography/>

19:38:42 From Lyndon Harris : For my break-through group - John Paul is a dear friend and champion of forgiveness

19:39:13 From Carol Smaldino : In my chat, so important to learn from, to unestablish the more colonial level of giving or of teaching...

19:39:17 From Harvey Newman West Palm Beach, FL : Have a wonderful afternoon/evening.

19:39:51 From Sultan Somjee : Hello Alyi:

19:40:20 From Lyndon Harris : I'm so sorry but I have meeting at 1:45 I can't reschedule. I hope to see you all later today <3

19:41:00 From Sultan Somjee : Alyi: I would like to connect with you. Please write to me at fssomjee@gmail.com

19:41:11 From Khan Shahid : Greetings

19:41:14 From Ongmu : Thank you for the lovely session. It has been amazing seeing you all. it's midnight here and with a heavy heart I must sign off. I've had a very long week.

19:41:43 From Ariel Lublin - upstate NY : We talked about ideas of partnership with existing institutions, who the audience/potential students are for WDU, the possibility of a library or shared space in a library (a Dignity Room?) and organizing online materials for an online library, enthusiasm for growing the university, challenges around financing/support, etc

19:47:17 From Mecke Nagel (she/her) : I like your idea Janet

19:48:14 From Mecke Nagel (she/her) : My book is out: Contesting Carceral Logic provides an innovative and cutting-edge analysis of how carceral logic is embedded within contemporary society, emphasizing international perspectives, the harms and critiques of using carceral logic to respond to human wrongdoing, and exploring penal abolition thought. <https://www.routledge.com/Contesting-Carceral-Logic-Towards-Abolitionist-Futures/Coyle-Nagel/p/book/9780367751326#:~:text=Contesting%20Carceral%20Logic%20provides%20an%20innovative%20and%20cutting-edge,to%20human%20wrongdoing%2C%20and%20exploring%20penal%20abolition%20thought.>

19:49:34 From Hayal Köksal : This is also my book about Catching Kids Young (Çekşrdekten Yetiştirme) printed by Dignity Press.

19:49:37 From Martha Eddy : Mecke Nagel your book sounds amazing!

19:49:59 From Joanie Calem (she/her) : You all write books, I write songs!

19:50:10 From Martha Eddy : Emmanuel - can you put a link to your book too! And we need songs too!

19:50:38 From Martha Eddy : Love learning about your book for children Hayal!

19:50:55 From Brian Ward : Funding appears to be the blockage for the WDU initiative. Would it be appropriate to approach say the NZ Government given they fund other Universities?

19:52:01 From David Yamada-DigniPlanner-Boston : Brian Ward, we are not an accredited university operating in NZ, so alas that is not a realistic possibility at the time.

19:52:36 From Uli Spalthoff : We talked about book launches: One of the next Dignity Press books just coming out: "Economic Theory and Community Development", by Howard Richards. Don't miss it!

19:53:03 From Jillian Post : No, its time to think outside the box, way outside the box for authentic and transparent funding. Grassroots

19:53:31 From Jillian Post : Loooooove Ragas!!!

19:53:38 From Evelin - DigniGardener, Europe to Uli Spalthoff(Direct Message) : DEarest Uli, is that correct? Economic Theory and Community Development

19:53:59 From Evelin - DigniGardener, Europe to Uli Spalthoff(Direct Message) : World Dignity University Press, 2022?

19:54:12 From Joanie Calem (she/her) : @Jillian Post - and to think outside the box about accreditation!

19:54:22 From Uli Spalthoff to Evelin - DigniGardener, Europe(Direct Message) : Yes, correct.

19:55:03 From Fatma DigniGardener, PA : In our group, we talked about possible ways the WDU can play spreading peace and dignity work around the globe by designing and offering online courses/modules to our global human family. We also briefly talked about restorative justice and forgiveness within the context of dignity.

19:55:19 From David Yamada-DigniPlanner-Boston : Accreditation efforts require 6-figure funding and full-time staff (this I know from serving on the board of another grassroots university), so if anyone is up for that..... 😊

19:56:51 From Boyer : Theme Dignity University:
My analogy is that all have pulled a wonderful big fish on land,
but cannot get a fire large enough to cook it.
This is where I suggest an innovation like making Sushi.
(Not that I can offer a solution at this moment, I regret to say.)

19:57:01 From Howard Richards : Accreditation in the USA is one thing. But WDU could be accredited in another country.

19:57:42 From Uli Spalthoff to Evelin - DigniGardener, Europe(Direct Message) : Sorry, the year is 2021, not 2022.

19:58:04 From Evelin - DigniGardener, Europe to Uli Spalthoff(Direct Message) : Could you kindly post the entire reference in the chat for everyone, dear Uli? Thank you!

19:58:07 From Mr. Alyi Patrick Opiro-Uganda : That is true David

19:58:28 From David Yamada-DigniPlanner-Boston : Unless we are offering degree programs (which we currently don't have the resources to offer), accreditation is unnecessary. Legitimate accreditation in other countries can be a burdensome process. Offshore type accreditation carries legitimacy issues.

19:59:01 From Jillian Post : The controversial, brutal?? (hate that word) reality is that some basic marketing and biz concepts need to be integrated into meaningful work such as this. If not, then the work is not paying attentions to classism. People want to help but they cannot continue to always volunteer. Yes. the work should come from the heart, but some compensation and funding is necessary.

19:59:04 From Mara-DigniGardener-Vienna today : Do we want a "traditional" university or our thinking goes beyond that?

20:00:58 From Uli Spalthoff : As Evelin kindly suggests: Here is the entire reference of Howard's book:
Howard Richards, "Economic Theory and Community Development", Dignity Press 2021.

20:01:19 From Michael Britton : To our DigniPlanners: Thank you sooo much, you have done so much, you have made a wonderful conference now in progress!!! Thank you, thank you, thank you!!!

20:01:28 From David Yamada-DigniPlanner-Boston : Mara, I think we offer what we can with current resources and go from there!

20:02:14 From Fatma DigniGardener, PA to Evelin - DigniGardener, Europe(Direct Message) : That is the best gift dearest Evelin! Thank you! Thank you! Thank you! ❤️❤️❤️

20:05:46 From Mara-DigniGardener-Vienna today : sounds good; include me in your list

20:06:02 From Mara-DigniGardener-Vienna today : ... David

20:11:49 From David Yamada-DigniPlanner-Boston : Hi Jillian, for now the work of World Dignity University will have to be done by volunteers, as is all the work of the Human Dignity and Humiliation Studies network. If folks are willing to do fundraising work for WDU, that will expand our capacities and allow us to consider who should be compensated and how. HDHS runs on a shoestring budget, and voluntary contributions add up to only modest amounts. That minimal funding model is what enables this workshop to be offered without charge, for example, but it does pose limitations.

20:18:40 From Carol Smaldino to Evelin - DigniGardener, Europe(Direct Message) : Complimenti, smile if you want to, don't if you don't want to.

20:25:49 From Janet Gerson DigniGardener NYC : So glad you came back and I caught you. Take care!

20:26:01 From Michael Britton : Dear Howard,

20:26:03 From Mara-DigniGardener-Vienna today : Congratulations Howard!!

20:26:11 From Beth Boynton (She/Her) : Thank you for all your wisdom and work, Howard.

20:26:11 From Becky Tabaczynski : congrats...impressive work

20:26:13 From Judit Revesz : Congratulations!

20:26:14 From Brian Ward : Congratulations Howard!

20:26:15 From Bhante Chipamong, dignidargener/Denver Colorado : Thank you Howards, congratulations blessings

20:26:18 From Alfano Nora : You inspired me. Thank-you and congratulations.

20:26:19 From Kathy Beckwith : Thanks, Howard. I look forward to learning soooo much more!

20:26:20 From Elaine - DigniGardener, NY : In our group we talked about how Uli's efforts were not a failure, having an online library, other options than Moodle, maybe google platforms, Uli's concern that there was a psychological perspective...people didn't like being left alone, maybe small groups

20:26:21 From Janet Gerson DigniGardener NYC : Fabulous, Howard. So inspiring. I can't wait to read your book!

20:26:22 From Hayal Köksal : Congratulations dear Howard. It is a great honor meeting you. I will read your book.

20:26:22 From Emmanuel Ndahimana : Congratulations Howard !!!!

20:26:28 From David Yamada-DigniPlanner-Boston : Bravo, Howard!!!!

20:26:33 From Donna Fujimoto : Congratulations!!

20:26:54 From Peter Barus : Dear friend, congratulations, and this marks the beginning, not the end!

20:26:58 From Michael Britton : Congratulations, how perfect for you to receive this award! So many thanks for all you've done and all ye contributed! I certainly understands so much more thanks to you! Michael Britton

20:26:58 From Genevieve Vaughan : Congratulations Howard for your wonderful work!!

20:27:11 From Jingyi Dong : Congratulations to Howard!!!

20:27:36 From Joanie Calem (she/her) : Congratulations Howard. I look forward to learning more about your work.

20:27:40 From www.KarinDremel.com : Thank you for a life time of unbounded commitment and courage Howard

20:27:40 From Elaine - DigniGardener, NY : Congrats Howard. I can't wait to read your book. Your work is so impressive and thought provoking.

20:31:11 From Carol Smaldino : So many congratulations of course, you are an inspiration. I also can't wait to read your new book.

20:36:40 From Linda - DigniGardener, Oregon : THANK YOU, dear Howard for being a beacon of dignity!!

20:38:12 From Jillian Post : ALL voices need to be heard. Regardless of whether they have traditional means to important work,

20:44:23 From Jillian Post : Empathy is the key. And power seeking is one of the detriments.

20:45:37 From Carol Smaldino : Humiliation is a cousin of resentment. Which leads to not speaking. In America we need to look at the humiliation underlying what comes out as hatred

20:45:44 From Joanie Calem (she/her) : Self awareness without pointing fingers at someone else!

20:46:28 From Jillian Post : Peace begins with me ... (lyrics from a song called Let There Be Peace on Earth). Little, unknown people want to be heard too. They are also key to great work.

20:47:18 From Brian Ward : The River of Life

I float
I float on the river of life
I get washed under only to rise again
I bump into the bank only to bounce back
I can steer myself but cannot steer others
I can only show others how I steer myself
It's wonderful I am part of the river
And once I reach the river mouth
I become part of the sea of everything
That make all journeys possible

20:47:35 From Carol Smaldino : Empathy—also for ourselves. We can be indulgent but that is not empathic in deep ways. We are often self-critical and from there it is hard to offer true empathy. Love thy neighbour as thyself. Real acceptance, radical acceptance...also of ourselves in all our parts.

20:47:37 From Hayal Köksal : Love, respect and empathy are the key words; not only for human beings but for all including our planet.

20:47:54 From Joanie Calem (she/her) : @Brian that is beautiful. Is that your poem?

20:49:15 From Brian Ward : Yes

20:50:02 From Sharon Steinborn : That poem is beautiful.

20:50:08 From Mecke Nagel (she/her) : Linda, can you share the book title/link of Sultan. Very inspiring for me since I also write on Indigenous Ubuntu/Utu traditions

20:51:26 From Linda - DigniGardener, Oregon : One Who Dreams Becomes a Prophet - Sultan Somjee

20:52:32 From Evelin - DigniGardener, Europe : <https://alamaswalk.blogspot.com/>

20:52:33 From Linda - DigniGardener, Oregon : Alama's Walk: The Oracle Speaks - Sultan Somjee

20:52:39 From Jillian Post : The Golden Rule is not quite right. The Platinum Rule is a new way. "Treat others the way they want to be treated." The focus of relationships shifts from "this is what I want, so I'll give everyone the same thing" to "let me first understand what they want and provide them with it."

20:54:52 From Evelin - DigniGardener, Europe : Sekem: <https://www.sekem.com/en/about/>

20:55:00 From Carol Smaldino : Sultan, that was very moving and I do feel grateful

20:55:37 From Elaine - DigniGardener, NY : Thank you Sultan!

20:55:46 From Joanie Calem (she/her) : Sultan I am looking forward to finding your book. I use storytelling in my work and this sounds like a wonderful source.

20:55:50 From Emmanuel Ndahimana : Beautiful Sultan. That is a great contribution

20:56:25 From Jacques : Sultan this is a great work. Keep up my dear

20:56:31 From Alfano Nora : Thank-you, Sultan. A great example for the world.

20:57:11 From Lucien Lombardo : Wonderful message, Sultan!

20:57:30 From Jacques : I am in Vancouver too. May be we can plan and meet

20:58:10 From Fatma DigniGardener, PA : Beautiful paintings!

20:58:19 From Jillian Post : I love art!!! It speaks volumes.

20:59:01 From Sultan Somjee : Thank you Ndahimana, Jacques, Alfano, Lucien

20:59:18 From Isabel B. : That's great!

21:00:16 From Sultan Somjee : Yes Jacques, we can. Contact me - fssomjee@gmail.com

21:00:37 From Judit Revesz : Beautiful and powerful art. Thank you

21:00:45 From Mecke Nagel (she/her) : Sultan, I will also be in touch, love your work

21:00:56 From Fatma DigniGardener, PA : Impressive!

21:00:56 From Jacques : Many thanks Somjee

21:00:59 From Lucien Lombardo : So great to see what people are doing to express dignity and focus change!! Humanizing and personalizing (instead of standardizing)!

21:01:07 From Jillian Post : Social art!!! And yet the US government of 2015 to 2020, immediately removed it.

21:01:17 From Hayal Köksal : A wonderful sharing indeed. Congratulations dear Angelica.

21:01:23 From Mecke Nagel (she/her) : Brilliant video message! Angelica

21:01:25 From Jillian Post : Social art is part of the new way.

21:01:28 From Lyndon Harris : Wow! Thank you!

21:01:34 From Becky Tabaczynski : delightrul, Angelica

21:01:49 From Kathy Beckwith : How inspiring! Carry on!

21:01:53 From Carly McCarty : That was a powerful video Angelica

21:01:56 From Martha Eddy : Loving the books, poems, and paintings that are so beautifully flowing through this years workshop. Thank you all for sharing your work. The shift from STEM emphasis to STEAM is great. Science, Technology, Engineering, Art and Mathematics. Mara represents lots of this! I also so appreciate the social anthropology of Tony and Sultan and of Angelica through her video. Yes we are dignified by Work - thank you Howard and Congratulations too and from our kind and BENEVOLENT, compassionate Art making. Big applause for all. Thank you for this amazing gathering!

21:02:36 From Carol Smaldino : Anjelica, Mamma mia...You bring to mind bringing democracy in art and in celebrity here, because we can all be listened to.

21:12:56 From Bhante Chipamong, dignidargener/Denver Colorado :
<https://zoom.us/j/93948524177?pwd=RVVjQ0VLeklySW9QUdMvWFBxc2kwZz09>

21:13:21 From Bhante Chipamong, dignidargener/Denver Colorado :
<https://zoom.us/j/93948524177?pwd=RVVjQ0VLeklySW9QUdMvWFBxc2kwZz09>

21:16:42 From Boyer : @chip Will your session be filmed?

21:17:20 From Peter Barus : our group discussed the non-abstract experience of indignity and injustice, and the voices of friends with direct, embodied knowledge light up our world!

21:18:00 From Gisela Michalik to Evelin - DigniGardener, Europe(Direct Message) : Georg feiert heute seinen 70 Geburtstag

21:18:48 From Sultan Somjee : Good to Bhante Chipamong on the panel. I have followed his walks. My book is on my long walk.

21:20:19 From Elaine - DigniGardener, NY : From our group: Judit - mix of music and art. Lyndon: transparency about WDU; Uli: so much positive attitude about UDI; Martha: hope and the beauty of art. Gisela and Claudia: messages to the world.

21:20:48 From Lyndon Harris : Happy birthday!!!

21:20:49 From Elaine - DigniGardener, NY : Happy Birthday Georg!!!!!!!!!!!!!!!!!!!!!!!

21:21:13 From Martha Eddy : Happy Birthday Georg!!

21:21:47 From Ariel Lublin - upstate NY : Our group - WDU, active listening, community network and forward vision, social justice

21:22:07 From Jillian Post : where is the other bonus groups link, not claudias link

21:22:12 From Fatma DigniGardener, PA : Our group focused on importance of listening and also discussed obstacles in communication that leads to misunderstandings and humiliation.

21:22:21 From Mara-DigniGardener-Vienna today : Happy Birthday, Georg!

21:23:15 From Jillian Post to Evelin - DigniGardener, Europe(Direct Message) : thank you

21:26:30 From Boyer : We must try a picture where everyone gestures to the frame above, left right etc.

21:27:38 From annastrout : Thanks for the suggestions Beth. Can you remind us tomorrow please!

21:27:41 From Boyer : 🖐️👂👉

21:27:52 From Khan Shahid : Our old student and teacher, congratulations 🎉🎊🎈

21:27:53 From annastrout : Or if everyone still here we can do after the video?

21:28:14 From Joanie Calem (she/her) : What's the name of this song?

21:28:40 From Evelin - DigniGardener, Europe : Happy birthday, dear Georg!!!

21:29:36 From Michael Britton : Happy Birthday Georg!!! Best wishes for the year(s) ahead, may you be blessed always!

21:29:41 From Judit Revesz : Historic and lovely video from pre pandemic time :-)

21:30:03 From Jillian Post : love it so much

21:30:03 From Fatma DigniGardener, PA : Happy Birthday, dear Georg!

21:30:06 From David Yamada-DigniPlanner-Boston : Was this our last pre-pandemic workshop????

21:30:35 From Martha Eddy : If you can move you can dance!!

21:30:58 From Evelin - DigniGardener, Europe : • Fred Ellis sings So Long, See You Soon

21:30:59 From Martha Eddy : Thank you for a GREAT Day #2

21:31:11 From Martha Eddy : You still dance Michael.

21:31:13 From Evelin - DigniGardener, Europe : "https://youtu.be/tDPXJGQZPiE

21:31:24 From Evelin - DigniGardener, Europe : "https://youtu.be/3MEtP6NjPil

21:32:57 From Boyer : Dancing film made by my dignified friends in Canada.
<https://youtu.be/JRFd80vA0cQ>

21:36:26 From Martha Eddy : Here is a video that the breast cancer survivors made with my non-profit Moving For Life-<https://www.youtube.com/watch?v=itaNfoGwCz4>

21:37:12 From Martha Eddy : Everyone can dance!! See hat these folks who never performed before made for us - <https://www.youtube.com/watch?v=itaNfoGwCz4>

21:40:42 From Martha Eddy : Gotta go now. Apologies for a quick goodbye but have a Zoom meeting. Only planed til 3pm

21:41:08 From David Yamada-DigniPlanner-Boston : I must depart now too!!!! See everyone tomorrow!!!!