Forgiveness as a Path to Dignity

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2016 Workshop on Transforming Humiliation and Violent Conflict 28th Annual HumanDHS Conference Theme: The Globalization of Dignity Teachers College, Columbia University, New York City December 8 – 9, 2016

Abstract

What role can forgiveness play in bringing love forward in the world, and eliminating the root causes of humiliation? How can forgiveness help us heal the parts of ourselves that feel separate, isolated, and mistrustful? It is only by healing core wounds - both on an individual and societal level - that we can realize our full potential as human beings. Forgiveness is instrumental in releasing the past and enabling us to open to our full potential. As we experience the truth of ourselves as loving, caring, contributing human beings, we are able to recognize our interconnectedness. and begin creating a new story for humanity."