



Teleconference Minutes

Association for Trauma Outreach & Prevention (ATOP) 185 E 85 street, NYC

DATE: Monday, 8 Jan, 2018 8:00 PM

Teleconference line used 1-712-775-7031 access code: 740-719-507#

Meetings are mandatory! We should always be present! However things come up, and we understand that. However, let us know ahead of time & e-mail your report a day before to Dr. Ani. Only 2 meetings could be excused.

Members Present:

Members Absent: Irene, Walter, Belle, Gigi

1. A moment of Silence: Personal Sharing & Welcome!

Welcome New Interns and Officers: We began welcomes, introduced new fundraising/secretary intern (Mayra Luna, Seton Hall University)

- Next conference call introduce Michelle Harkins, new graphic design/social media intern.

2. Publishing/Research update: Daria

- Makena will send the final draft of her paper to Leslie to revise/edit, and Leslie will forward it to Ani for review, to look into UN publications for submission, or other APA publication.
- No update on Makena, Leslie will follow-up within the next few days
- We have a list of papers that have been already published in our Manual, build new research from existing papers.
- Recollect the data from the 15 countries and missions, revise where there is room.
- Opportunities for anyone who is interested in writing and looking for publishing (May discuss research topics with Dr. Ani for ideas)
- Erin, interested in writing about the impact of self-esteem and trauma, poverty and trauma
- Remila, interested in writing a paper about genocide, focused on the people of Kosovo, while the review of literature would be on all genocides. Daria will forward more information on genocide and Kosovo to Remila

3. UN Update: Leslie, Meredith, Remila

- Holiday cards and gifts for our UN collaborators were successfully delivered. Send the list of where/ who the cards were delivered to by Jan 22.
- Meredith will be attending Committee on Aging meeting this Thursday January 11.
- Meredith interested in exploring mental health in refugee camps, focusing on how they are being diagnosed (Countries: Jordan, Uganda, Turkey/ Look into another African country such as Kenya, Sierra Leon, DR Congo, where Meaningfulworld had missions)
- Remila attended NGO communications workshop, which she found very productive. Importance of social media for the UN mission and well as NGO's mission. Social media reaches users 3 times faster than email
- Team members, use our social media accounts for the mission of Meaningful World, to get potential donors (Social media outlets such as Twitter, YouTube, Facebook, Instagram)
- Use social media to show appreciation to those that support and assist in Meaningful World's mission, Advocacy, Appealing posts to create more support and assistance.

- Possibly get people with experience in social media marketing/fundraising
 - Every post must be explicit and involve questions, make people think, get people involved.
- 4. Graduate Fellowship: Beth**
- Dr. Beth has agreed to be the fellowship coordinator
 - Graduate fellowship program needs to be advertised. Start outreach and recruitment through social media
- 5. Humanitarian Outreach Projects: Ani, Lorraine, Leslie**
- Outreach in Haiti in June, stay tuned
 - Puerto Rico Mission 16-30 Dec: Dr. Ani, Lorraine and Leslie shared their experiences from Puerto Rico. 12 days of non-stop work. Eye opening experience for everyone
 - Meaningfulworld proud to be first group of people to offer a program to mental health professionals who have been working to help the community in PR. Most of those who attended the workshop were psychologists, social workers, that are in need of help
 - Continue reaching out through social media, to remind people Puerto Rico is still going through a tough situation
 - Recommendation to all team members, read the summary of the Puerto Rico Humanitarian Mission.
- 6. Humanitarian Training Program: Erin**
- The next training will be on 27 January (Stage 4 of the training), and Erin requests that those planning to attend RSVP by Friday January 12. Next dates are: 24 Feb, 24 March, 28 April, 19 May
 - Erin sent email with flyers for the January workshop
 - 7 June graduation at the UN.
- 7. Grants Update: Gigi**
- No update from Dr. Gigi who was not on the call
 - UNDEF grant: Application was submitted in time
- 8. Social Media Update: Michelle**
- Michelle will begin her internship next week, required to update on a weekly basis
- 9. Newsletter: Walter & Lorraine**
- Email Lorraine if you do not receive Newsletter, to make sure email is included in Robley
 - Goal: have newsletter released by Tuesday January 9th
- 10. Outreach Committee: Prafulla**
- Smart goals have been delegated, Prafulla will send email to Mayra and Michelle
 - Dr. Daria edited a letter to send to Amex
 - Dr. Ani encouraged the group to contact their local papers to write a profile of their work with Meaningfulworld, Dr. Leslie will send the group examples of the profiles written in their local papers, and here is the link for the Riverdale Press re interview about mission in Armenia with Lorraine: <http://www.riverdalepress.com/stories/riverdalian-proves-people-are-people-in-armenia-mission,62693>
- 11. Genocide Prevention Project**
- Working on getting the essay contest approved in Long Island school system,
 - Get in touch with the councilman and board of education
 - Advertise contest within local high school through the history and social studies department
 - Send list of the schools to one of the interns, delegate to someone to help with drafting emails.
- 12. Intern Updates: Beth**
- Welcome new interns from Seton Hall
 - Dr. Ani, Connect with others, helpful to talk to people and get new contacts
 - Goals for the next few months: Expand on to more universities, recruit more undergrad and Graduate interns. Beth will outreach to more universities in the tri-state area
 - Seton Hall career fair: Volunteers needed. Mayra has offered to attend, more experienced team members needed.

- Denise, interested in interning with Meaningfulworld, from Kean university, look into Kean for more recruits

13. Past Conferences/Events:

- Pamper yourself party was a success. Thank you to all who participated. We had over 38 People in attendance, and it was a lot of fun, with a live band, and dancing till midnight.

14. Upcoming Conferences: All

- 28 February, Internship fair at Seaton Hall, please contact Dr. Beth if you are willing to volunteer
- Feb 23-24, 2018, Teachers College conference on women, Dr. Daria has submitted an abstract with Ani on Sex & Money Post-Disasters; Culture-Bind and Culture-Blind: Exploring Gender-Specific Variables in International Humanitarian Outreach and Relief
- January workshop, Saturday January 27th, RSVP by Friday
- Winter round table conference (February 23rd and 24th) Conflicts with our February workshop. Request for our participation to be on the 23rd, Must register by January 24th. Daria will find information about registration fees, to see if we could be exempt.

15. Website:

- Mitali is updating our website, kindly send your items to Dr Ani. Walter has been sick

16. Armenia Video Update: Lorraine by January 21st

17. Next meeting: Monday 5 February at 7:00pm coordinators, 7:45pm general

Last minute remarks:

- Keep up with smart goals
- Increase general self-care
- Reminder to be mindful to respond to emails in a timely manner, within 24 hours, even if it is just to confirm receipt and that you will respond in more detail when you have time

18. Moment of Silence: Adjournment with gratitude

Respectfully submitted by Mayra Luna