

The Development of Positive Psychotherapy

1. Positive Psychotherapy was founded in 1968 by Dr Nossrat Peseschkian.
2. The method of Positive Psychotherapy is based on a transcultural approach. The work involves the investigations in 22 different cultural groups.
3. Postgraduate and continuing education since 1971 and annually there after seminars and courses at the Academy for Continuing Medical Education at the Medical Association of Hesse, Germany. From 1974 – 2006 about 38 000 physicians, psychologists and pedagogues have been trained.
4. Lectures, seminars, workshops and courses conducted in the framework of a postgraduate program continuing educations and congresses were held in 76 countries and territories around the globe.
5. Establishment of a global network of 40 centers of Positive Psychotherapy in 23 countries to date and International Center for Positive Psychotherapy (ICPP).
6. Publication of 22 books, which are partly translated into 24 different languages. Approximately 260 articles have been published in scientific magazines. Other books on Positive Psychotherapy have been written by colleagues.
7. Quality Assurance and Effectiveness Study of Positive Psychotherapy including 450 patients, 37 therapists, over a period of 5 years.
8. German Association for Positive Psychotherapy established in 1978. Publications of the Journal for Positive Psychotherapy.
9. Awards and honors for example:
 - In 1997 Richard-Merten-Prize for "Computer Assisted Quality Assurance in the Positive Psychotherapy", one of the highest rewards.
 - In 1998 Federal Medical Chamber of Germany awarded Prof. Dr. Peseschkian the Ernst-von-Bergmann-Plaque for continuing education of medical doctors.
 - Bundesverdienstkreuz am Bande (Order of Merit)
10. Establishment of Wiesbaden Academy for Psychotherapy (WIAP) (triple licensed for postgraduate education of medical psychotherapists, psychological psychotherapists and child & adolescent psychotherapists)
11. International memberships
 - World council of Psychotherapy (WCP)
 - European Association for Psychotherapy (EAP)
 - European Wide Accrediting Organization (EWAO) – European Certificate for Psychotherapy
 - American Psychiatric Association
12. Special program for supplementary courses for psychologists (Germany)
13. Annual International Training for Trainers of Positive Psychotherapy – VII. In Germany 2006.
14. Three World Congresses for Positive Psychotherapy
15. International Library with over 4500 books

16. International Archives of Positive Psychotherapy
17. Establishment of International Academy for Positive Psychotherapy (IAPP) – Prof. Peseschkian Foundation in 2005
18. Order of Merit – Distinguished Service Cross of the Federal Republic of Germany (Verdienstkreuz am Bande) for Prof. Dr. Peseschkian.

The President of the Federal Republic of Germany on December 6th, 2005, signed the document to distinguish Professor Dr. Nossrat Peseschkian, Founder of Positive Psychotherapy, with the Order of Merit. This Order is the highest recognition of the Federal Republic of Germany for those citizens who have acquired distinguished services and achievements in social-economical, political and spiritual fields as well as their particular services for the Republic, for example social charity and humanitarian helps. On 23rd of January, 2006, the Secretary of State Mrs. Lautenschläger, on behalf of the President, acknowledges the founder of Positive Psychotherapy for his decades of effort and dedication.

March, 2006