



World Dignity University  
Bringing Dignity to Learning

# Dignity, Honor, and Humiliation In the Home and In the World



Linda M. Hartling, PhD, Sharon Steinborn, MA, LMFT,  
& Evelin Lindner, MD, PhDs

## Dignity, Honor, And Humiliation In The Home And In The World

**Saturday, February 25, 2023**

**10am-12pm**

**MFT & Interdisciplinary Seminar**

**Register in advance by Zoom:**

<https://us02web.zoom.us/meeting/register/tZEpc-CgrjpkGdSOytuuU5B4WLPIRGTCpvyY>

Call (510)655-2830 or email [mail@wisr.edu](mailto:mail@wisr.edu) with questions or for help with technical difficulties.

**Evelin Lindner, MD, PhDs, & Linda Hartling, PhD, WISR Faculty with Sharon Steinborn, MA.** Based on decades of research, Evelin Lindner, Linda Hartling, and their collaborative community of colleagues have observed that feelings of humiliation are one of the most powerful forces disrupting relationships in the home and in the world. Every day indignities can evolve into acts of retaliation, aggression, and violence. This seminar will focus on the interpersonal dynamics of humiliation that impact the lives of individuals, families, and communities. This seminar will explore how therapists and

others can encourage helpful and healthy responses that move relationships in the direction of dignity for all involved.

***Evelin Lindner, MD, PhDs***, has a dual education as a Medical Doctor and a Psychologist, with a Ph.D. in Medicine from the University in Hamburg in Germany, and a Ph.D. in Psychology from the Department of Psychology at the University of Oslo. She is the founding president of Human Dignity and Humiliation Studies (HumanDHS), a global transdisciplinary community of concerned academics and practitioners who wish to promote dignity and transcend humiliation around the world. She is also co-founder of the World Dignity University initiative, including Dignity Press and World Dignity University Press. All initiatives are not-for-profit efforts. Her first book, based on her doctoral dissertation in psychology, *Making Enemies: Humiliation and International Conflict*, was honored as "Outstanding Academic Title" by the journal *Choice* in 2007. She has since written five more books. She lives and teaches globally and is affiliated, among others, with the University of Oslo in Norway and Columbia University in New York.

***Linda Hartling, PhD***, is the Director of Human Dignity and Humiliation Studies (HumanDHS) and is part of the leadership team facilitating HumanDHS projects, including the World Dignity University initiative and Dignity Press. Dr. Hartling is the past Associate Director of the Jean Baker Miller Training Institute (JBMTI), part of the Wellesley Centers for Women (WCW) at Wellesley College in Massachusetts. She worked closely with Jean Baker Miller, M.D., and others on the development of Relational-Cultural Theory that posits that mutually beneficial relationships are a central human necessity. In addition, she is the author of the Humiliation Inventory, the first instrument to assess the internal experience of humiliation.

***Sharon Steinborn, MA, LMFT***, is a practicing psychotherapist working in the field of treating anxiety disorders and trauma. It is her belief that the discipline of psychology has a lot to offer in the way of healing for those who have been affected by trauma and the resultant depression and anxiety that follows traumatic events. Sharon is specifically engaged in working with humiliation trauma and in understanding, researching and formulating treatment plans that specifically address humiliation. She believes there can be healing from trauma and that trauma can also become transformational and lead to deeper empathy, richer lives and the embrace of dignity for oneself and others. Currently she has her own private practice, but in the past she has worked for Protective Services working with victims of child abuse. She also worked in the field of divorce where she did Child Custody Evaluations for the court.

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*Prospective Students and Community Learners are invited to attend these seminars.*

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**ANNOUNCEMENTS:** WISR's statement of expectations for inclusive and respectful discourse and a disclosure about video recording of seminars and events for later access can be found at:

<https://wizr.edu/home/educational-seminars/>

Those participating in WISR seminars and events acknowledge that they have read and understand this statement.



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